

The Wellness Retreat

Costa Rica

Wellness
for everyBODY!

Daily Yoga & Relaxation
Local Food Education
Spa, Beach & Pool
Nature & Hiking
Community
Fun

THE RETREAT
OCTOBER 6-13, 2018

YOGA INSTRUCTOR

Lisa Flannery



Contact: Platinum Travel • 502.425.2400 • groups@platinumtv.com



Lisa Flannery

Lisa has been finding joy in her yoga practice since 1990 and was honored to receive her 500 Yoga teacher training certification in 2001. Since that time she has inspired many on their yoga journey to realize their own potential and joy. Lisa currently leads classes, workshops and retreats to fabulous destinations. She is dedicated to supporting wellness in her community and loves nothing more than to share the gift of yoga.

**Cost is based per person, double occupancy. Single occupancy rates are available.*

COST

\$2720 PER PERSON*

Package Includes

- Accommodation -
7 nights at The Retreat Costa Rica
- All Meals -
Breakfast, Lunch, & Dinner
- Daily Yoga Class -
Instructed by Lisa Flannery
- Airfare-
Round-trip from Louisville
- Transfers -
Round-trip airport transfers

**Optional Excursions
Available**

What is Included?

ACCOMMODATION

7 nights at The Retreat Costa Rica at the selected category:
Deluxe Superior, Junior Suite, or Premium Casitas

Minimum 20 adults	Double Occupancy US\$ 2,720.00 pp	Single Occupancy US\$ 3,238.00
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ROUND-TRIP AIRFARE FROM LOUISVILLE

Air from Louisville to San Jose (Juan Santamaria Airport - SJO)

06OCT2018	DL2099	6:15A (SDF) - 7:30A (ATL)
06OCT2018	DL900	9:46A (ATL) - 11:46A (SJO)
13OCT2018	DL903	1:00P (SJO) - 7:04P (ATL)
13OCT2018	DL2491	10:30P (ATL) - 11:55P (SDF)

SERVICES

- 15% discount on Spa treatments. (Pre-booked)
- 3 meals per day: breakfast, lunch, and dinner.

REMARKS

- All rates are per person in US dollars.
- Airfare subject to change at airlines discretion.
- Quoted rates are based on minimum of 20 passengers.
- The group schedule is set by the leader of the group and coordinated with The Retreat to account for meal times, studio use, excursions, and any other potential time consideration.
- Rates are valid for any room and are first come first serve.

TRANSPORTATION

Private Transfer from Juan Santamaria Airport to The Retreat.
Private Transfer from The Retreat to Juan Santamaria Airport.

OTHER INCLUSIONS

- Meet and greet service at the airport.
- Wi-Fi on board.

Not Included

- Resort & airport Gratuities.
- Other meals and beverages not included in the itinerary.
- Alcoholic beverages.
- Departure tax (US\$31) - May not be included in airline tariff.

PAYMENT & CANCELLATION POLICIES

- A deposit of \$500 per person is due at time of booking. (Refundable up to 60 days prior to arrival).
- Full payment is due **June 30, 2018** and is non-refundable.



The Retreat Hotel was created under Diana Stobo's Guru and chef vision of healthy feeding where she found the perfect location in the quartz mountains in Altos del Monte, simulating a balcony to the Pacific Ocean with panoramic views extending more than 60 miles. The Retreat is more than a luxury wellness destination, it is a heavenly environment, a space to let go of the stresses of life and create the feeling within you that you have always dreamed of. Peace, harmony, and tranquility within are the keys to a happy, healthy and youthful life.



The Wellness Retreat

The Retreat—Atenas, Costa Rica
October 6-13, 2018

Please fill out form and email or fax back to:
Platinum Travel – Group Department
Phone: 502-425-2400 Fax: 502-423-0540
groups@platinumtv.com

Passenger Information:

PRIMARY CONTACT NAME:			
ADDRESS:			
PHONE:	(HOME)	(CELL)	
EMAIL:			

***Please print names as they appear on passport**

	First	Middle	Last Name
Guest 1:			
	Birth date (MM/DD/YY)		/ /

	First	Middle	Last Name
Guest 2:			
	Birth date (MM/DD/YY)		/ /

	First	Middle	Last Name
Guest 3:			
	Birth date (MM/DD/YY)		/ /

	First	Middle	Last Name
Guest 4:			
	Birth date (MM/DD/YY)		/ /

Bedding Request: Single: Double:

Special Request/ needs:			